



FNB
First National Bank



Welcome to the FNB Otjihavera Experience 2022

The Prestigious 2 Day Mountain Bike Marathon Stage Race

The Committee of the Rock & Rut Mountain Bike Club is proud to announce that FNB Namibia has once again committed to be the title sponsor of our prestigious Otjihavera Experience for the next three years. This is significant as we are now able to host the 17th edition of the oldest team stage race in Namibia.

Dates: 02 September 2022 - Prologue (ADULTS ONLY) at the G & D Sundowner track (Farm Hoffnung)

03 September 2022 – Day 1 from Otjihase Mine to Midgard Country Estate

04 September 2022 – Day 2 on the farms adjacent to Midgard Country Estate



FNB
First National Bank



It Is All About Team Work

The FNB Otjihavera Experience is a 2 Day MTB Marathon where you need to participate in a team of 2 riders. Teams can be entered into one of the following age categories which is determined by the combined age of the 2 riders in the team as at 31 December 2022. We will again cater for a race for the adults (participants must turn 18 years of age by 31 December 2021) and for children (see age categories further below).

Please note!! Riders will have to ride together and need to always stay within 2 minutes of each other during the race. This will be strictly enforced. Failure to do so will contribute to a 1-hour penalty to the team's time.

Race Categories:

Adults Race Age Categories

MENS Teams	WOMENS Teams	MIXED Teams	e-Bikes
Combined age: 70 and less Combined age: 70 – 95 Combined age: 96 and older <i>(3 podium positions in each category)</i>	Open category only <i>(5 podium positions)</i>	Open category only <i>(5 podium positions)</i>	Open category only <i>(3 podium positions)</i>

Children's Race Age Categories

For the first time in the history of the FNB Otjihavera Experience the children's race will this year also be a two - day stage race, i.e. on Saturday and Sunday, but for a shorter distance than applicable for adults. The aim is to allow the children to also experience the challenges of riding in a team. The ages that may take part in the children's race are from U/10 until U/16 (as at 31 December 2022).

Boys Team	Girls Team	Mixed Team
Combined age: 24 years and less Combined age: older than 24 years <i>(3 podium positions in each category)</i>	Combined age: 24 years and less Combined age: older than 24 years <i>(3 podium positions in each category)</i>	Open category only (jointly not older than 32 years) <i>(3 podium positions in each category)</i>



FNB
First National Bank



Entries and Registration Fees:

Entries for this event will open on 07 July 2022 and a maximum of 150 adult teams will be allowed to race. Entries will be handled on a first come – first serve basis and must be done online at Raceday Events' website. To secure the entry the following fees are payable:

- Registration Fee for Adult Teams – N\$ 2,900.00 per Team
- Registration Fees for Children's Teams – N\$ 800.00 per Team

Note: Rock & Rut members get a **10% discount** on their entry fee. This means, if only one rider of a team is a member of the Club then the discount applies for that rider only and the total registration fee payable by that team to the Club is N\$ 2755.00

Entries close on Sunday 28 August 2022. This will also be the last day for substitutions at an additional fee of N\$ 200.00 per change.

Kindly note that registration fees are **not refundable** and do not include lunch at Midgard Country Estate on Saturday and Sunday.

The registration fee does include a goodie bag.

Registration procedure:

- 1) Enter online, following the link on the Raceday Events' website, which will take you to the Chronotrack online entering portal.
- 2) 1st Team Member to enter also creates the Team with Team Name. Please consult with your team member prior to entry in order to avoid double entries.
- 3) 2nd Team member can now join the Team by selecting the Team Name on Chronotrack when entering. Please ensure you use the correct spelling.
- 4) Once you have entered, please contact the Midgard Country Estate at midgard.reservations@ol.na for your booking. As in previous years, there will be rooms, train and camping options available.

Payment: Only one team member must pay the entry fees of N\$2,900.00 (for adult teams) or N\$800.00 (for children teams) via EFT to the account listed below within 48 hours and please mail the proof of payment to accounts@rockandrut.org. Please use your Team Name as reference.

Kindly note: your online entry will be cancelled if you have not paid the entry fee within the 48 hours in order to give another team an opportunity to enter:



FNB
First National Bank



Banking Details:

FNB Namibia
Rock & Rut Mountain Bike Club
Acc No: 62250706416
Branch Code: 280071

Shuttle Service:

To be advised by the next rider correspondence.

Route and Event Format:

The race will take place on farm roads / jeep tracks with short single-track sections.

The route will be a great challenge with spectacular scenery and an elevation profile will be available closer to the race day.

Adult Race

Prologue (Friday 02 September 2022)

Start – anytime from 16H00 onwards (rolling start) starting and ending at Heja Lodge. The latest time for teams to start the Prologue is at 17H00.

Note: Teams who do not participate in the prologue will automatically have a 1-hour riding time **plus** a 1 hour penalty time added to their race time.

Day 1 (Saturday 03 September 2022)

Start – anytime between 06:30 to 07:30 (rolling start) at Otjihase Mine and the race ends at Midgard Country Estate.

Distance: ± 85km

Day 2 (Sunday, 04 September 2022)

Start – anytime between 07:00 and 07H30 (rolling start) at Midgard Country Estate and ending at Midgard Country Estate.

Distance: ± 65km



FNB
First National Bank



Children's Race

Day 1 (Saturday 03 September 2022)

Start – the age category older than 24 years will start at 10:30 at Leopard Lodge gate (like last year) and the race ends at Midgard Country Estate. The age category 24 years and younger will start at the gate entrance to the Grimm Park (Midgard Farm - same as last year) at 11:30.

Distance: ± 40 km and +- 20 km respectively.

Day 2 (Sunday, 04 September 2022)

Start – at 10H00 (older than 24) and 10H30 (younger than 24) at Midgard Country Estate and ending at Midgard Country Estate.

Distance: ± 30km and +- 20km respectively.

Midgard Country Estate Arrangements:

Midgard will be the “Race Village” for this event. All accommodation needs to be booked directly with Midgard Country Estate on their event specific portal using the link provided above. Please note that it is each entrant's own responsibility to book accommodation (room, train or camping) with Midgard Country Estate. Please use FNB Otjihavera 2021 as your reference with them.

Accommodation (Rates are based on DBB basis):

Please consult Midgard's website for this purpose.

(The Rock & Rut Mountain Bike Club and or FNB Namibia take no responsibility for any changes in rates or if these are incorrectly recorded).

Meals:

Accommodation rates above include a buffet dinner, bed and buffet breakfast and are only for persons who have booked accommodation at Midgard. However, lunch (on Saturday and Sunday) can be bought from Midgard Country Estate and the following will be available:

- Beef / Chicken burger with chips N\$ 85.00 / N\$ 75 respectively
- Beef / Crumbed chicken wrap with chips N\$ 110.00 / N\$ 95 respectively
- Beef oxtail or chicken curry potjie with rice N\$110.00 / N\$ 85.00 respectively
- Boerewors / Russian roll with chips N\$ 60.00

Cash and card payments are accepted.



FNB
First National Bank



Other Accommodation Options:

Should Midgard Country Estate be fully booked, please contact the surrounding establishments.

Please note cancellations and refunds on accommodation are subject to the terms and conditions of the accommodation establishment and needs to be dealt with directly with the accommodation establishment. The Rock and Rut Mountain Bike Club and or FNB Namibia will not take any responsibility in this regard.

In Closing:

While the organizers take great care around safety of all participants, mountain biking always holds the risk of injury and hence it is important that each rider has appropriate medical and evacuation cover.

The 2022 FNB OTJIHAVERA EXPERIENCE will be another one to remember. We thank FNB Namibia and many of our other sponsors for making this event the success that it is!! Make sure you get your entry and logistics sorted out early to avoid disappointment.

Thank you very much to the farmers availing us their property to ride on. Midgard Country Estate as well as many private farmers have allowed us using their farmland. This is a great privilege!! To ensure that we may come back year after year please take care to only leave behind tracks. **Please do not litter!!**

Lastly, please keep in mind that changes may still be appropriate or necessary (e.g. race distances) and the Committee of the Rock & Rut reserves the right to do so, but will obviously then communicate these changes immediately.

We also thank all our other sponsors for their generous contribution towards prizes, goody bags and lucky draw prizes as well as for the food and drinks at the water points of which are always well stacked.

Good Luck with your training!

The Rock & Rut Mountain Bike Committee

