



**FNB**  
First National Bank



**2022**

**2<sup>nd</sup> Rider Correspondence**

**Dates:**

02 September 2022 - Prologue (ADULTS ONLY)

03 September 2022 – Day 1 from Otjihase Mine to Midgard Country Estate

04 September 2022 – Day 2 on the farms adjacent to Midgard Country Estate

**Entries close on Sunday 28 August 2022.**

**This will also be the last day for substitutions at an additional fee of N\$ 200.00 per change.**

**NOTE: Information shared in our 1<sup>st</sup> Rider Correspondence will not be repeated herein.**



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### **Shuttle Service:**

Bag transport available for N\$70 per bag. Must be arranged for at registration on 01 September.

### **Race**

#### ***Prologue (Friday 02 September 2022) - ADULTS ONLY***

Start – anytime from 16H00 onwards (rolling start) at the Windhoek Showgrounds. The latest time for teams to start the Prologue is at 17H00. Parking facilities are at the Showgrounds entering from Bell street.

Note: Teams who do not participate in the prologue will automatically have the time of the slowest team in their category **plus** a 5 min penalty added to their race time.

#### ***Day 1 (Saturday 03 September 2022)***

Adult race: rolling start from 06H30 until 07H30 from Otjihase Mine. (This is at the end of the tar road from Heja, past the boom).

Juniors' race: starting at entrance gate to Leopard Lodge (like last year) at 10H30.

Children's race: starting at entrance to Grimm Park (like last year) at 11H30.

#### ***Day 2 (Sunday, 04 September 2022)***

Adult race: Rolling start at Midgard between 07H00 and 07H30 and ending in Midgard

Juniors' race: starting at Midgard at 08H00 and ending in Midgard.

Children's race: starting at Midgard at 08H15 and ending at Midgard.

### **Track Profiles**

To view track routes, please click [HERE](#)

Or visit our website at: <https://rockandrut.org/events/otjihavera-mtb/>

### **Registration**

Thursday 01 September at offices of Raceday Events from 5-6pm, 11 Walter Street, Windhoek.

If you cannot attend, please arrange for someone to collect for you.



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### **Bicycle Tech Service**

Tech support will be available at Midgard as well as at the second waterpoint of each day. Bicycle wash and lube services will also be available on Saturday after the race.

### **Midgard Country Estate Arrangements:**

Midgard will be the “Race Village” for this event. All accommodation needs to be booked directly with Midgard Country Estate. Please note that it is each entrant’s own responsibility to book accommodation (room, train or camping) with Midgard Country Estate. Please use FNB Otjihavera 2022 as your reference with them. You can contact them at [Midgard.Res@ol.na](mailto:Midgard.Res@ol.na).

### **In Closing:**

While the organisers take great care around safety of all participants, mountain biking always holds the risk of injury and hence it is important that each rider has appropriate medical and evacuation cover.

The 2022 FNB OTJIHAVERA EXPERIENCE will be another one to remember. We thank FNB Namibia and many of our other sponsors for making this event the success that it is!! Make sure you get your entry and logistics sorted out early to avoid disappointment.

Thank you very much to the farmers availing us their property to ride on. Midgard Country Estate as well as many private farmers have allowed us using their farmland. This is a great privilege!! To ensure that we may come back year after year please take care to only leave behind tracks. **Please do not litter!!**

Lastly, please keep in mind that changes may still be appropriate or necessary (e.g. race distances) and the Committee of the Rock & Rut reserves the right to do so, but will obviously then communicate these changes immediately.

We also like to close off by thanking FNB Namibia again for their generous sponsorship and we shall list all other sponsors towards goodie bags, lucky draws as well as for the food and drinks at the water points of which are always well stacked in our next correspondence.

Good Luck with your training!

The Rock & Rut Mountain Bike Club Committee





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## EXCITING NEWS

We welcome aboard the following sponsors which promise to make the 2022 FNB Otjihavera event the most spectacular yet:

First National Bank Our title sponsor  
Food Lovers Market Waterpoint food  
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Total Swakopmund Service Station  
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Ekonolux  
Trip Travel  
Untersee Self- Catering Luxury Accommodation  
Mr. C van Niekerk  
Gernette van der Spuy

**Without this support, our event would certainly not be such a success, year after year!  
THANK YOU VERY MUCH –we really appreciate it!!!**



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