



FNB
First National Bank



Welcome to the *FNB* Otjihavera Experience 2020:

Namibia's only 2 Day Mountain Bike Team
Marathon :

ENTRIES ARE STILL OPEN UNTIL 12 October 2020!!!!

The 2020 edition of the FNB Otjihavera Experience MTB Marathon will be the 15th anniversary of the race and will take place on 17 & 18 October 2020. This unique two day mountain bike event is generously sponsored by FNB. This year it will be back to OLD routes – The race will start on the tar road towards Midgard, just behind Kapps Farm outside Windhoek, and run to Midgard Country Estate for the first stage. The second stage will be on Sunday and will start at Midgard and end at the Okapuka Ranch.

We would like to thank all our sponsors for their generous contribution towards prizes, goody bags and lucky draws as well as for the food and drinks at the water points. Without them this race would not be possible.



IT IS ALL ABOUT TEAM WORK

The FNB Otjivera Experience is a 2 Day MTB Marathon where you need to participate in a team of 2 riders. The following categories can be entered into - age categories will be determined by the combined age of the 2 riders in the team as at 31 Dec 2020. The youngest participants need to turn 18 by 31 December 2020:

MENS Teams	WOMENS Teams	MIXED Teams	e-Bikes
Combined age: 70 and less Combined age: 70 – 95 Combined age: 96 and more	Open category only	Open category only	Open category only
<i>(3 podium positions in each category)</i>	<i>(5 podium positions)</i>	<i>(3 podium positions)</i>	<i>(3 podium positions)</i>

Please note that you will have to stick to your team member. Teams need to stay within 2 minutes apart from each other at all times during the race. This will be strictly enforced. Failure to do so will contribute to a 1 hour penalty to your time.

Kids Race

We have changed the kids entry fees to N\$ 400.00 since they are only racing one day !!

The Kids race will be held this year again for the second year. The race will be held on Saturday 17 October 2020 only, with the same format as the big event, just a shorter distance on the Midgard Country Estate. This will teach the kids to ride together as a team. The ages that may take part in the kids race are from U/10 to U/16.

We will do the kids race in the afternoon this year, then all parents can watch their children racing and cheer them on!!

Combined age of 24 years and younger will ride one loop of 15km.

Combined age of 25 -32 years will ride 30km.(2 loops) However, younger kids may enter for the longer distance, but will have to race in the older category.

This year the kids may ride in mixed teams, but it will count as a Boys team!!! Please Note!!!

The Kids race will start at approximately 15h00 on the Saturday so that parents can be spectators!!!



ENTRIES

We have a limited number of only 75 teams available for the adult race. Entries will be conducted on a first come – first serve basis. Entries can be done online at www.rockandrut.org, where will you find the link to the Chronotrack site for online entering. You can also go directly to the Raceday Events Webpage to enter.

Entry Fees – N\$ 2,500.00 per TEAM

Entry fees –N\$ 400.00 per Kids Team

Shuttle Service –N\$ 100.00 per Rider

Entries Close – 12 October 2020

Last day for substitutions – 12 October 2020, at a fee of N\$ 250.00 per rider change.

Please note that Entry Fees are not refundable.

Shuttle Service

There will be a shuttle service to transport your luggage from the start to Midgard Country Estate and again from Midgard to Okapuka at an additional cost of N\$ 100.00 per rider/person. The shuttle service can be paid with the entry fees or on the date of Registration.

The entry procedure:

- 1) Enter online, following the link on www.rockandrut.org, which will take you to the Chronotrack online entering portal
- 2) 1st Team Member to enter also creates the Team with Team Name. Please consult with your team member prior to entry in order to avoid double entries
- 3) 2nd Team member can now join the Team by selecting the Team Name now available from the list
- 4) Once you have entered you will both get a confirmation email from Chronotrack.
- 5) After entering on Chronotrack you can contact Midgard Country Estate at midgard.frontoffice@ol.na for your booking. As in previous years, there will be rooms, train and camping options available.

Only a single Team Member to pay the entry fees of N\$ 2,500.00 and N\$ 400.00 for the Kids Team respectively via EFT to the following account within 48 hours and mail the Proof of Payment to accounts@rockandrut.org. Please use your Team Name as reference. Please note that your online entry will be cancelled if you have not paid the entry fee within the 48 hours in order to give another Team an opportunity to enter.



Banking Details:

FNB Namibia

Rock & Rut Mountain Bike Club

Acc No: 62250706416

Branch Code: 280071

ROUTE AND EVENT FORMAT

Day 1 (Saturday, 17 October 2020)

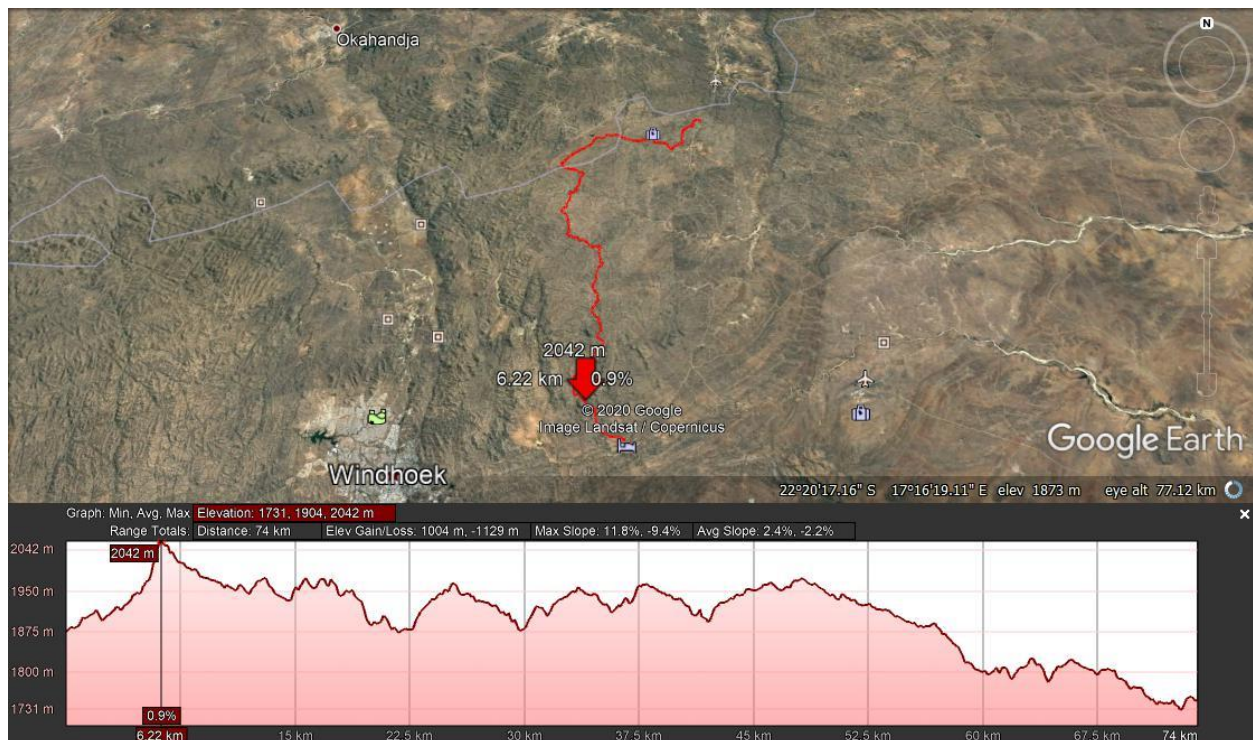
Start – 08:00 On the tar road towards Midgard, just behind Kapps Farm, outside Windhoek and end at Midgard Country Estate.

Categories will be starting 5-10 Minutes apart.

Distance: ± 80km on Jeep tracks and open dirt roads

There will be Lunch stations at the end where riders will receive a burger as well as a finishers' drink.

Unfortunately there will be no prize giving due to the current Covid-19 rules and regulations.





Day 2 (Sunday, 18 October 2020)

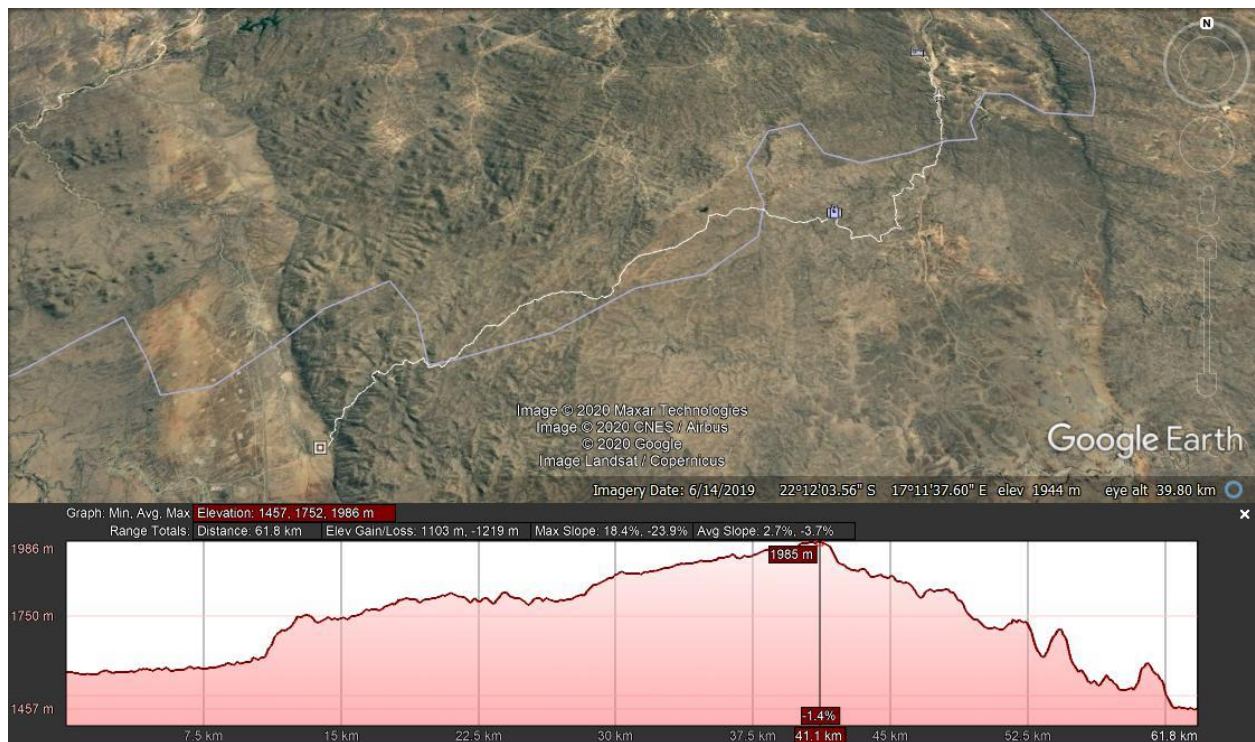
Start – 08:00 at Midgard Country Estate and end at Okapuka Ranch.

Categories will be starting 5-10 Minutes apart.

Distance: ± 60km mainly on Jeep tracks and open dirt road

Lunch packs will be served at Okapuka with a finishers' drink for the riders.

You will receive a lunch pack and finisher's drink at Okapuka, but are requested to leave as soon as possible due to Covid-19 Regulations.



Prize Giving and Lucky draws

Prize giving and lucky draws will be announced via mail and social media. We unfortunately may not hold a prize giving, because of Covid-19 Rules and Regulations that we have to adhere to. We know these are not the best circumstances but we should consider ourselves privileged that we can race!!



Water points:

Day 1:

There will be water points at ±21 km and ±43 km

Day 2:

There will be water points at ±18 km and ±45 km

Registration

Registration will take place at Raceday Events on the 15 October at 17h00-19h00.

Walter Street No 13 Southern Industrial ,Windhoek.

Please enter as soon as possible - Entries are filling up fast !!!

The Rock and Rut Committee looks forward to hosting this prestigious event and hopes to welcome you on Saturday 17 October 2020.

Happy racing

