



**FNB**  
First National Bank



## **Welcome to the *FNB* Otjihavera Experience 2020:**

Namibia's only 2 Day Mountain Bike Team  
Marathon :

The 2020 edition of the FNB Otjihavera Experience MTB Marathon will be the 15th anniversary of the race and will take place on 22 & 23 August 2020. This unique two day mountain bike event is generously sponsored by FNB. This year it will be back to OLD routes – The race will start at the Otjihase Mine outside Windhoek and run to Midgard Country Estate for the first stage. The Second stage will be on Sunday and will start at Midgard and end at the Okapuka Ranch. We would like to thank all our other sponsors for their generous contribution towards prizes, goody bags and lucky draws as well as for the food and drinks at the water points. Without them this race would not be possible.



### **WHAT IS NEW IN 2020?**

We will have a new E Bike Category. It will be an OPEN category with no age or gender classes.

### **IT IS ALL ABOUT TEAM WORK**

The FNB Otjivera Experience is a 2 Day MTB Marathon where you need to participate in a team of 2 riders. The following categories can be entered into - age categories will be determined by the combined age of the 2 riders in the team as at 31 Dec 2020. The youngest participants need to turn 18 by 31 December 2020:

<b>MENS Teams</b>	<b>WOMENS Teams</b>	<b>MIXED Teams</b>
Combined age: 70 and less Combined age: 70 – 95 Combined age: 96 and more	Open category only	Open category only
<i>(3 podium positions in each category)</i>	<i>(5 podium positions)</i>	<i>(3 podium positions)</i>

Please note that you will have to stick to your team member. Teams need to stay within 2 minutes apart from each other at all times during the race. This will be strictly enforced. Failure to do so will contribute to a 1 hour penalty to your time.

### **Kids Race**

The Kids race will be held this year for the second time. The race will be held on Saturday only. The format will be the same as the big event, just shorter distances and run only on the Midgard Country Estate. The aim is to teach the kids to compete in teams. The ages that may take part in the kids race are from U/10 up to U/16.

We will do the kids race in the afternoon this year then all parents can watch their children racing and cheer them on!!

Categories: Combined age of 24 years and less will ride 15km  
Combined age of 25 -32 years will ride 30km.(2 loops)

The kids team may consist of only girls or only boys NO MIXED TEAMS



## **ENTRIES**

Entries for this event will open on 24 July at 10:00. We have a limited number of only 150 teams available for the adult race. Entries will be conducted on a first come – first serve basis. Entries can be done online at [www.rockandrut.org](http://www.rockandrut.org) or on [www.raceday.events](http://www.raceday.events), where will you find the link to the Chronotrack site for online entering. You can also go directly to the Raceday Events Webpage to enter.

Entry Fees – N\$ 2,500.00 per TEAM

Entry fees –N\$ 700.00 per Kids Team

Shuttle Service –N\$ 100.00 per Rider

Entries Open – 24 July 2020

**Entries Close – 19 August 2020 Last day for substitutions – 18 August 2020, at a fee of N\$ 250.00 per rider change.**

***Please note that Entry Fees are not refundable.***

## **Shuttle Service**

*There will be a shuttle service to transport your luggage from Otjihase mine to Midgard Country Estate as well as from Midgard Country Estate to Okapuka.*

*The shuttle service will cost N\$ 100.00 per rider/person which can be paid with the entry fees or on the date of registration.*

## **The entry procedure:**

- 1) Enter online, following the link on [www.rockandrut.org](http://www.rockandrut.org), which will take you to the Chronotrack online entering portal
- 2) 1<sup>st</sup> Team Member to enter also creates the Team with Team Name. Please consult with your team member prior to entry in order to avoid double entries
- 3) 2<sup>nd</sup> Team member can now join the Team by selecting the Team Name now available from the list
- 4) Once you have entered you will both get a confirmation email from Chronotrack.
- 5) After entering on Chronotrack you can contact Midgard Country Estate at [midgard.frontoffice@ol.na](mailto:midgard.frontoffice@ol.na) for your booking. As in previous years, there will be rooms, train and camping options available.
  
- 6) Only a single Team Member to pay the entry fees of N\$ 2,500.00 and N\$ 700.00 for the Kids Team respectively via EFT to the following account within 48 hours and mail the Proof of Payment to [accounts@rockandrut.org](mailto:accounts@rockandrut.org). Please use your Team Name as reference. Please note



that your online entry will be cancelled if you have not paid the entry fee within the 48 hours in order to give another Team an opportunity to enter:

**Banking Details:**

FNB Namibia

Rock & Rut Mountain Bike Club

Acc No: 62250706416

Branch Code: 280071

**ROUTE AND EVENT FORMAT**

***Day 1 (Saturday, 22 August 2020)***

Start – 08:00 at Otjihase Mine outside Windhoek and end at Midgard Country Estate .

± 80km on mainly Jeep tracks and open dirt road

Prize giving and lucky draws – 13:00

***Day 2 (Sunday, 23 August 2020)***

Start – 08:00 at Midgard Country Estate and end at Okapuka Ranch.

± 60km mainly on Jeep tracks and open dirt road

Prize giving and lucky draws – 13:00

Details of supporter viewing points will be communicated closer to the event. You will be riding on private farmlands on day 1 and 2. This is a great privilege and to ensure that we can come back year after year, so please take care to only leave behind tracks, sweat and maybe a little blood.


**Please do not litter.**

**MIDGARD COUNTRY ESTATE ARRANGEMENTS**

Midgard will be the “Race” Village” for this event. Midgard has kept their prices the same as last year which is highly appreciated in these unstable economic times. All accommodation needs to be booked directly with Midgard Country Estate via e-mail [midgard.frontoffice@ol.na](mailto:midgard.frontoffice@ol.na) after registering on Chronotrack. Please note that it is each entrant’s own responsibility to book accommodation (room, train or tented village) with Midgard Country Estate. Please use Otjihavera MTB 2020 as your reference with them. The Trains are in excellent condition and are lovely.



### Accommodation:

Rates are per person Sharing per night	Room	Train	Windhoek Light Tented Village	
Single	N\$ 1430.00	N\$ 650.00	N\$ 550.00	
Double	N\$ 1080.00	N\$ 650.00	N\$ 550.00	
Children 7-15 years	N\$ 540.00	N\$ 325.00	N\$ 275.00	
Children 0 – 7 years	Free	Free	Free	

*\*All rates are per person per night and includes a buffet dinner and a buffet breakfast. Children younger than 7 years eat and stay for free. Please remember to include children in your booking with Midgard.*

**Train** – The Trains are Midgard’s equivalent to glamping. The trains have been renovated in prior year and will be an awesome experience. Three unique stationed passenger train carriages that can accommodate either two or one guest per cabin. All guests will have to travel with their own bedding (sleeping bag and pillows), towels and toiletries. The beds in the cabins are 180cm long and 50cm wide. The ablution facilities are shared and located next to the carriages.

### Camping

*The Camping will be Single : N\$550.00 per person (including Breakfast and Dinner)*

*Double :N\$ 550.00 per person (including Breakfast and Dinner)*

*Children from (7-15 years) :N\$ 275.00 per person (including Breakfast and Dinner)*

**Tented Village** – Please note that accommodation in rooms at Midgard is limited. Hence we have brought back the Tented Race Village in the 2020 Edition of the FNB Otjivera Experience to give all participants the option to stay at the start and finish venue. At the Tented Race Village you will be able to book a tent including dinner and breakfast from the Midgard Country Estate portal. All guests will have to travel with their own bedding (matrass, sleeping bag and pillows), towels and toiletries. There will be warm showers and toilets available within the Race Village. Please note all rooms, train carriages and tents need to be evacuated by 11:00 on Sunday 23 August.

### Meals:

Accommodation rates above include a buffet dinner, bed and buffet breakfast and are only for persons who have booked accommodation at Midgard.

Lunch for Saturday and Sunday are included in the Entry Fee. You will receive a meal coupon in your entry envelope to be used to obtain your lunch at Midgard Country Estate on Saturday and at Okapuka on Sunday. Lunch for supporters and family members can be purchased directly at Midgard Country Estate at **N\$ 110.00** per person per lunch for Saturday and on Sunday at Okapuka. Snacks and drinks will be available through the day. Cash and cards will be accepted.



### ***Meal times:***

Breakfast – 06:00 to 08:00

Lunch – 12:00 to 14:00

Dinner – 19:00 to 20:30

After a relaxed dinner Midgard will be lighting fires in the Boma and Fire Pit and the bar will be open for a last night-cap and friendly encounters around the fire.

### **OTHER ACCOMMODATION OPTIONS**

Should you however wish to book room accommodation and Midgard Country Estate is fully booked, please contact surrounding establishments:

	<b>Otjiterazu Guest Farm</b>	<b>Leopard Lodge</b>
Email:	<a href="mailto:Otjiterazu1@iway.na">Otjiterazu1@iway.na</a>	<a href="mailto:eric@leopardlodge.com">eric@leopardlodge.com</a> or <a href="mailto:michelle@leopardlodge.com">michelle@leopardlodge.com</a>
Tel:	+264 62 502 441	+26462 540 409

Please note cancellations and refunds on accommodation are subject to the terms and conditions of the accommodation establishment and needs to be dealt with directly with the accommodation establishment. Rock and Rut will not take any responsibility in this regards.

### **IN CLOSING**

While the organizers take great care around safety of all participants, mountain biking always holds the risk of injury and hence it is important that each rider has appropriate medical and evacuation cover.

The 2020 FNB OTJIHAVERA EXPERIENCE MTB MARATHON promises to be a mountain bike race not to be missed. Make sure you get your entry and logistics sorted out early to avoid disappointment.

Happy racing

